



The Music for the Divine  
Liturgy of the Feast of the  
Nativity in the Flesh of  
our Lord, God, and  
Savior Jesus Christ



**Βιβλία - Πηγαί**

**Ἱερατικόν**

Θεία Λειτουργία Ἁγ. Χρυσοστόμου

**Μηναῖον - Τῆς ΚΕ' ΔΕΚΕΜΒΡΙΟΥ**

Ἡ κατὰ Σάρκα Γέννησις τοῦ Κυρίου καὶ Θεοῦ καὶ  
Σωτῆρος ἡμῶν Ἰησοῦ Χριστοῦ

**ΛΕΙΤΟΥΡΓΙΑ ΧΡΥΣΟΣΤΟΜΟΥ**

**Ἀντίφωνον Α'. Ἦχος β'. Ψαλμοὶ 9, 110.**

**Στίχ. α'.** Ἐξομολογήσομαί σοι, Κύριε, ἐν  
ὅλη καρδίᾳ μου, διηγῆσομαι πάντα τὰ θαυμάσιά  
σου.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον  
ἡμᾶς.

**Στίχ. β'.** Ἐν βουλήῳ εὐθέων καὶ συναγωγῆ,  
μεγάλα τὰ ἔργα Κυρίου.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον  
ἡμᾶς.

**Στίχ. γ'.** Ἐξεζητημένα εἰς πάντα τὰ  
θελήματα αὐτοῦ.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον  
ἡμᾶς.

**Στίχ. δ'.** Ἐξομολόγησις καὶ μεγαλοπρέπεια  
τὸ ἔργον αὐτοῦ, καὶ ἡ δικαιοσύνη αὐτοῦ μένει  
εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον  
ἡμᾶς.

Δόξα· καὶ νῦν.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον  
ἡμᾶς.

**Books - Sources**

**Hieratikon**

Divine Liturgy of St. John Chrysostom

**Menaion - December 25**

The Nativity in the Flesh of our Lord God and  
Savior Jesus Christ

**LITURGY OF ST. JOHN CHRYSOSTOM**

**Antiphon 1. Mode 2. Psalms 9, 110.**

**Verse 1:** *I will give thanks to You, O  
Lord, with my whole heart; I will tell of all  
Your wondrous things.* [SAA5]

Through the intercessions of the Theotokos,  
Savior, save us.

**Verse 2:** *In the council of the upright and  
in the assembly. Great are the works of the  
Lord.*

Through the intercessions of the Theotokos,  
Savior, save us.

**Verse 3:** *Sought out in all things with  
regard to His will.*

Through the intercessions of the Theotokos,  
Savior, save us.

**Verse 4:** *Thanksgiving and majesty are  
His work, and His righteousness continues  
unto ages of ages.*

Through the intercessions of the Theotokos,  
Savior, save us.

Glory. Both now.

Through the intercessions of the Theotokos,  
Savior, save us.

**Antiphon 1. Mode 2. *Di=G.***

Soft Chromatic **G**



8 Thru the in-ter - ces-sions of the The-o - to - kos, Sav - ior,



8 save us.

**Final time:**

Soft Chromatic **G**



8 Thru the in-ter - ces-sions of the The-o - to - kos, Sav - ior,



8 save us.

**Ἀντίφωνον Β΄. Ἦχος β΄. Ψαλμὸς 111.**

**Στίχ. α΄.** Μακάριος ἀνὴρ ὁ φοβούμενος  
τὸν Κύριον, ἐν ταῖς ἐντολαῖς αὐτοῦ θελήσει  
σφόδρα.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐκ Παρθένου  
τεχθεὶς, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. β΄.** Δυνατὸν ἐν τῇ γῆ ἔσται τὸ σπέρμα  
αὐτοῦ.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐκ Παρθένου  
τεχθεὶς, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. γ΄.** Δόξα καὶ πλοῦτος ἐν τῷ οἴκῳ  
αὐτοῦ, καὶ ἡ δικαιοσύνη αὐτοῦ μένει εἰς τὸν  
αἰῶνα τοῦ αἰῶνος.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐκ Παρθένου  
τεχθεὶς, ψάλλοντάς σοι, Ἀλληλούϊα.

**Στίχ. δ΄.** Ἐξανέτειλεν ἐν σκότει φῶς τοῖς  
εὐθέσιν.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐκ Παρθένου  
τεχθεὶς, ψάλλοντάς σοι, Ἀλληλούϊα.

*Δόξα Πατρὶ καὶ Υἱῷ καὶ ἁγίῳ Πνεύματι.*

*Καὶ νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.*

Ὁ μονογενὴς Υἱὸς καὶ Λόγος τοῦ Θεοῦ,  
ἀθάνατος ὑπάρχων καὶ καταδεξάμενος διὰ τὴν  
ἡμετέραν σωτηρίαν σαρκωθῆναι ἐκ τῆς ἁγίας  
Θεοτόκου καὶ ἀειπαρθένου Μαρίας, ἀτρέπτως  
ἐνανθρωπήσας, σταυρωθεὶς τε, Χριστὲ ὁ Θεός,  
θανάτῳ θάνατον πατήσας, εἶς ὧν τῆς ἁγίας  
Τριάδος, συνδοξαζόμενος τῷ Πατρὶ καὶ τῷ ἁγίῳ  
Πνεύματι, σῶσον ἡμᾶς.

**Antiphon 2. Mode 2. Psalm 111.**

**Verse 1:** *Blessed is the man who fears  
the Lord; he will delight exceedingly in His  
commandments.* <sup>[SAAS]</sup>

Save us, O Son of God, who were born of a  
Virgin. We sing to You, Alleluia.

**Verse 2:** *His seed shall be mighty on  
earth.*

Save us, O Son of God, who were born of a  
Virgin. We sing to You, Alleluia.

**Verse 3:** *Glory and riches shall be in his  
house, and his righteousness continues unto  
ages of ages.*

Save us, O Son of God, who were born of a  
Virgin. We sing to You, Alleluia.

**Verse 4:** *For the upright, light springs up  
in darkness.*

Save us, O Son of God, who were born of a  
Virgin. We sing to You, Alleluia.

*Glory to the Father and the Son and the  
Holy Spirit.*

*Both now and ever and to the ages of ages.  
Amen.*

Only-begotten Son and Logos of God, being  
immortal, You condescended for our salvation to  
take flesh from the holy Theotokos and ever-virgin  
Mary and, without change, became man. Christ,  
our God, You were crucified and conquered death  
by death. Being one of the Holy Trinity, glorified  
with the Father and the Holy Spirit: Save us.

Second Antiphon. Mode 2. Di=G.

Soft Chromatic G

8 Save us, O Son of God, who were born of

8 a Vir - gin. We sing to You: Al - le - lu - i - a.

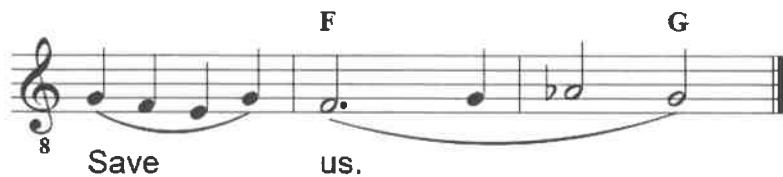
2<sup>nd</sup> Antiphon Greek (verses 2+4)  
(Phonetics)

sō - - sōn ēē mā-ās ēē yē - - Thāy - oō o ēk pār  
 thē - - - nōō tech thēēs; psā - lōn dās sēē  
 A - le - lu - ēē &



## Only Begotten Son. Mode 2. Di=G.

Soft Chromatic G



**Ἀντίφωνον Γ΄. ᾠχος δ΄. Ψαλμὸς 109.**

**Στίχ. α΄.** Εἶπεν ὁ Κύριος τῷ Κυρίῳ μου·  
Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς  
σου ὑποπόδιον τῶν ποδῶν σου.

**Στίχ. β΄.** Ῥάβδον δυνάμεως ἐξαποστελεῖ  
σοι Κύριος ἐκ Σιών.

**Στίχ. γ΄.** Μετὰ σοῦ ἡ ἀρχὴ ἐν ἡμέρᾳ τῆς  
δυνάμεώς σου, ἐν ταῖς λαμπρότησι τῶν ἁγίων  
σου.

**Ἀπολυτίκιον τῆς Ἑορτῆς. ᾠχος δ΄.**

Ἡ Γέννησίς σου Χριστέ ὁ Θεὸς ἡμῶν,  
ἀνέτειλε τῷ κόσμῳ, τὸ φῶς τὸ τῆς γνώσεως·  
ἐν αὐτῇ γὰρ οἱ τοῖς ἄστροις λατρεύοντες, ὑπὸ  
ἀστέρος ἐδιδάσκοντο, σὲ προσκυνεῖν, τὸν Ἥλιον  
τῆς δικαιοσύνης, καὶ σὲ γινώσκειν ἐξ ὕψους  
ἀνατολήν. Κύριε δόξα σοι.

**Εἰσοδικόν. ᾠχος β΄.**

Ἐκ γαστρὸς πρὸ Ἐωσφόρου ἐγέννησά σε.  
ᾠμοσε Κύριος καὶ οὐ μεταμεληθήσεται· σὺ ἱερεὺς  
εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ. Σῶσον  
ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐκ Παρθένου τεχθεὶς, ψάλλοντάς  
σοι, Ἀλληλούϊα.

**ᾠμοὶ μετὰ τὴν Μικρὰν Εἴσοδον**

**Ἀπολυτίκιον τῆς Ἑορτῆς.**

Ἦχος δ΄

**ᾠχος δ΄.**

Ἡ Γέννησίς σου Χριστέ ὁ Θεὸς ἡμῶν,  
ἀνέτειλε τῷ κόσμῳ, τὸ φῶς τὸ τῆς γνώσεως·  
ἐν αὐτῇ γὰρ οἱ τοῖς ἄστροις λατρεύοντες, ὑπὸ  
ἀστέρος ἐδιδάσκοντο, σὲ προσκυνεῖν, τὸν Ἥλιον  
τῆς δικαιοσύνης, καὶ σὲ γινώσκειν ἐξ ὕψους  
ἀνατολήν. Κύριε δόξα σοι. (3)

Ἦχος γ΄

**Κοντάκιον.**

**ᾠχος γ΄.** Αὐτόμελον.

**Antiphon 3. Mode 4. Psalm 109.**

**Verse 1:** *The Lord said to my Lord: "Sit at My right hand, until I make your enemies the footstool of Your feet."* <sup>[SAAS]</sup>

**Verse 2:** *The Lord shall send forth the rod of Your power from Zion.*

**Verse 3:** *With You is the beginning in the day of Your power, in the brightness of Your saints.*

**Apolytikion of the Feast. Mode 4.**

Your nativity, O Christ our God, has caused the light of knowledge to rise upon the world. For therein the worshippers of the stars were by a star instructed to worship You, the Sun of Righteousness, and to know You as Orient from on high. Glory to You, O Lord. <sup>[SD]</sup>

**Entrance Hymn. Mode 2.**

"I have begotten You from the womb before the morning star." The Lord swore and will not repent, "You are a priest forever according to the order of Melchizedek." Save us, O Son of God, who were born of a Virgin. We sing to You, Alleluia.

**Hymns after the Entrance.**

**Apolytikion of the Feast.**

Ἦχος δ΄

**Mode 4.**

Your nativity, O Christ our God, has caused the light of knowledge to rise upon the world. For therein the worshippers of the stars were by a star instructed to worship You, the Sun of Righteousness, and to know You as Orient from on high. Glory to You, O Lord. (3) <sup>[SD]</sup>

Ἦχος γ΄

**Kontakion.**

**Mode 3. Automelon.**

*Ἡ Παρθένος σήμερον.*

Apolytikion

Intonation: #10

Fourth Mode (soft chromatic)

Ἡ γέννησίς σου Χριστέ

Allegro ♩=140

G E

Your Na - tiv - i - ty, O Christ\_ our God, has shined\_ the light of

G

knowl- edge up - on\_ the world; for there - by those who wor -

E Un.

shipped the stars were in - struct - ed by a star to wor - ship

G

You, the Sun of Right - eous-ness, and to know You, the Day-spring

E

from\_ on high. O Lord,\_ glo - ry be\_ to You

Finale:

E F G

O Lord,\_ glo - ry be\_ to You .



# Apolytikion. Mode 4. *Vu=E.*

Soft Chromatic E



8 Η γεν-νη - σις σου, Χρι - στε ο Θε - ος η - μων, α-



8 - νε - τει-λε τω κο-σμω το φως το της γνω - σε - ως. εν αυ-



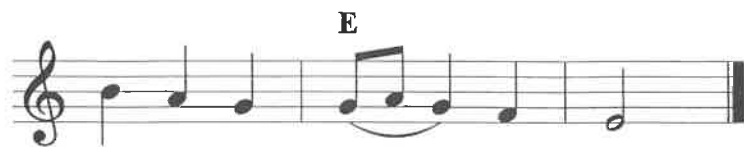
8 - τη γαρ οι τοις α - στροις λα - τρευ-ον-τες υ - πο α - στε-ρος ε-δι-



8 - δα - σκον - το σε προ-σκυ - νειν, τον Η-λι-ον της δι-και-ο-

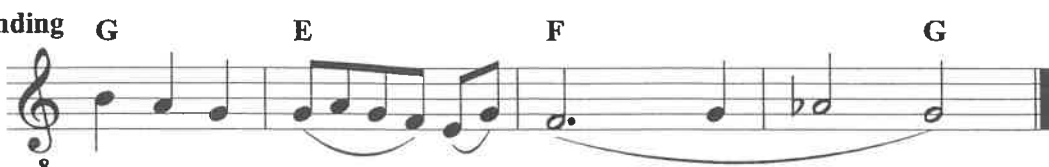


8 - συ - νης, και σε γι - νω-σκειν εξ υ - ψους α - να-το-λην.



8 Κυ-ρι-ε, δο - ξα σοι.

Final Ending



8 Κυ-ρι-ε, δο - ξα σοι.

# As Many of You. Mode 1.

**D**  
8 As man - y of you as were bap-tized in - to Christ

*- half note*

**G**  
8 have put on Christ Al - le - lu - i - a

**D**  
8 O - see ees Kree - ston e - vap - tee - sthee - te Kree -

**C**  
8 - ston en - e - thee - sa - sthe Al - le - lu - i - a

**D**  
8 As man - y of you as were bap-tized in - to Christ

**G**  
8 have put on Christ Al - le - lu - i - a

**D**  
8 Glo-ry to the Fa-ther and the Son and the Ho-ly Spir - it

**D**  
8 Both now and ev - er and to the a - ges of a - ges A -

8 - men

G D C D

8 have put on Christ. Al-le-lu-i-a

**Priest:** Theenamis.

D

8 Dy - na - mis

C D

As man - y of you as were bap - - -

G D

tized in - to Christ have put on

B, D C D

Christ. Al - - - le - - - lu - i - a.

Alleluia before the Gospel. Mode 1. Pa = D.

Diatonic **D**

Al - le - lu - i - a. Al - le - lu -

i - a. Al - le - lu -

(2)  
i - a.

**D**  
Al - le - lu - i - a. Al - le - lu - i -

**C** **D**  
a. Al - le - lu - i -

**C** **D**  
a.

Model - Psalm 18

V.1 The heavens declare the glory of God; the firmament shows the creation of His hands.

V.2 Day to day utters speech, and night to night reveals knowledge.

# CHERUBIC HYMN

Duration: 5:00 + 1:00 + :45

## First Mode

Intonation: #1 or #15

by Theodore Papaparaschou  
"Phokaeus" (1790-1851)

Adagio  $\text{♩} = 76$

C D Un. D C D

Let us who  
Οι τα χε - ρου - βιμ  
ee tah he - roo - veem

let us who  
χε - ρου - βιμ  
heh - roo - veem

my  
μυ  
mee

sti - c'ly rep - re - sent  
στι - κως ει - κο - νι  
stee - kos ee - ko - nee

ko vi  
ko nee

\* The notes between the two brackets may be omitted for brevity.

*Cherubic Hymn - First Mode - Phokæus*

rep - re - sent  
 ζο - ει - κο - νι -  
 zo - ee - ko - nee -

the  
 ζον - τες και τη ζω  
 zo - ndes keh tee zo

Che - ru the Che - ru -  
 ο - ποι - ζω - ο - ποι -  
 ο - pee - zo - ο - pee -

bim and chant  
 ω Τρι - α -  
 ο tree - a -

and chant  
 Τρι - α - δι  
 tree - ah - dhee

the thrice -  
 τον τρι -  
 ton tree -

ho - ly hymn to the X life - giv -  
 σα - γι - ον υ - μνον προ - σα -  
 sah - yee - on ee - mnon pro - sah -

*Cherubic Hymn - First Mode - Phokgeus*

- - - - - the life - giv -  
 - - - (να) - - - - - δο - - - - - υ - μνον προ - σα -  
 - - - (nah) - - - - - dho - - - - - ee - mnon pro - sah -

- - - - - ing Trin - - - - -  
 - - - - - δον - - - - - τες πα - - - - -  
 - - - - - dhon - - - - - des pah - - - - -

i - - - ty now lay now lay a -  
 - - - σαν την βι - ω - - - τι - - - βι - ω - τι -  
 - - - san teen vee - o - - - tee - vee - o - tee -

side ev - 'ry earth - - - ly  
 κην α - πο - θω - - - με - - -  
 keen ah - po - tho - - - meh - - -

care  
 θα με  
 thah meh

ev - 'ry earth - ly care  
 - - - με - ρι - μνον  
 - - - meh - ree - mnan

that we may receive the King of all  
 ὡς τὸν Βασιλέα τῶν ὅλων ὑποδεξόμενοι  
 os ton va-see-leh-ah ton o-lon ee-po-dhek-so-men-ee

*For brevity, the words in parentheses may be chanted in a monotone, or as on the following page if time allows:*

*Cherubic Hymn - First Mode - Phokæus*

Andante ♩=88

that we may re - ceive  
 ως τον βασιλεα  
 os ton vah see leh

(χε) (heh)

re - ceive  
 α των ολων υ  
 ah ton o lon ee

the King of all  
 πο δε ξο με νοι  
 po dhe kso me nee

*After the Great Entrance:*

Adagio ♩=76

A - men. in - vis - i - bly es - cor -  
 ταις αγγελι καις αορα  
 tes ah nge lee kes ah o rah



*Cherubic Hymn - First Mode - Phokæus*



ted \_\_\_\_\_ by the an - ge - - - lic \_\_\_\_\_ or - - -  
 τως \_\_\_\_\_ δο - ρυ - φο - ρου - - - με - von \_\_\_\_\_ τα - - -  
 tos \_\_\_\_\_ dho - ree - fo - roo - - - meh - non \_\_\_\_\_ tah - - -



- - - ders. Al - - - le - lu - - - i - a. \_\_\_\_\_  
 ξε - - - σιν Αλ - - - λη - λου - - - ι - α. \_\_\_\_\_  
 xeh - - - seen ah - - - lee - loo - - - ee - ah. \_\_\_\_\_



\_\_\_\_\_

*(continue with anaphora  
 on page 303, 307, or 311)*



# ANAPHORA

Petitions are intoned  
at G and/or D

## First Mode

by Basil Nikolaidis (d. 1985)  
the Presiding Protopsaltis of the  
Patriarchate of Constantinople (1965-1985)  
and Hieromonk Gregory  
of Simonos Petras Monastery

Andante ♩ = 88

**A** Un. D > Lord, have mercy.

**B** Un. D > Lord, have mercy.

**C** D > Lord, have mercy.

**D** D G > D Lord, have mercy.

**E** D C D > Lord, have mercy.

**1** D C D Grant this, O Lord.

**2** D Grant this, O Lord.

**3** D G D Grant this, O Lord.

**4** G D Grant this, O Lord.

**5** D C D Grant this, O Lord.

**6** D > Grant this, O Lord.

**7** D G D Most ho - ly The - o - to - kos, save us.

Anaphora - First Mode - Nikolaidis

8

To — You, O Lord.

9

Un.  
A - men.

A

And — to your spir - - - it.

B1

I will love — You, O Lord, — my — strength; the Lord is my — foun -

da - tion, and my ref - uge, and my de - liv - er - er.

Fa - ther, Son, and Ho - ly Spir - it: the Trin - i - ty one in

es - sence and — in - sep - 'ra - ble.

C

A mer - cy of peace, a sac - ri - fice of — praise.


*Anaphora - First Mode - Nikolaidis*

**D**




And with your spir - - - it.

**E\***



We X X X have them with the Lord.  
We lift them up un - to the Lord.

**F**



It is prop - er and right.

**G**



Ho - ly, ho - ly, ho - ly, Lord of Sa - ba - oth, heav - en and earth are




full of Your glo - ry. Ho - san - na in the high - est. Bless - ed is



he that comes in the name of the Lord. Hos - san - na in the high - est.

**H**



A - men.

\* The petition "Ἀνω σχῶμεν τὰς καρδίας and its response "Ἐχομεν πρὸς τὸν Κύριον, are usually translated: "Let us lift up our hearts" and "We lift them to the Lord" or "We lift them up unto the Lord." However, the official translation of the Archdiocese of Thyateira (Great Britain) is: "Let our hearts be on high" and "We have them with the Lord." For an analysis of the merits of the latter version, see <http://www.anastasis.org.uk/dialogue.htm>

Anaphora - First Mode - Nikolaidis

I

A - - - - - men.

J Largo ♩=56

We\_ ~~praise~~ You, we\_ bless\_ You, we\_ give\_ thanks\_

un - to You, O\_ Lord, and we\_ pray\_

un - to\_ You, O\_ our\_ God.

(continue with "It is Truly Right" on page 375)

When it happens to me that the melody moves me more than the words that are sung, I confess that I have sinned blamefully and then prefer not to hear the singer.

-Blessed Augustine

Instead of "It it truly right." Mode 1. Pa=D.

Diatonic **D**

8 O my soul, mag - ni - fy her

**G**

8 who is great - er in hon - or and in

**D** **D**

8 glo - ry than the ar - mies of heav - en. I

**C D** | - slow - |

8 see here a strange and par - a - dox - i - cal

8 mys - ter - y, for be - hold! the

8 ~~great~~ ~~ca - ve~~ is heav - en, ~~the~~ che - ru - bic

**D** **C** **D** **C**

8 throne is the Vir - gin, the man - ger a

**D** **G**

8 grand space in which Christ our God the



8 un - con - tain - a - ble re - clined as a

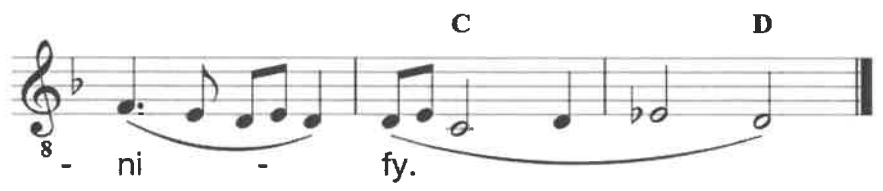
D

Detailed description: This is the first musical staff, written in treble clef with a key signature of one flat (B-flat). It contains eight measures of music. The lyrics 'un - con - tain - a - ble re - clined as a' are written below the notes. A chord symbol 'D' is placed above the staff at the beginning of the fifth measure.



8 babe, whom in ex - tol - ling do we mag-

Detailed description: This is the second musical staff, continuing from the first. It contains eight measures of music. The lyrics 'babe, whom in ex - tol - ling do we mag-' are written below the notes. A chord symbol 'D' is placed above the staff at the beginning of the fifth measure.



8 - ni - fy.

C D

Detailed description: This is the third musical staff, containing the final two measures of the piece. The lyrics '- ni - fy.' are written below the notes. Chord symbols 'C' and 'D' are placed above the staff at the beginning of the first and second measures, respectively. The staff ends with a double bar line.

**L**

And all Your peo-ple.

**M**

Un.

A - men.

**K**

D

And with your spir - - - it.

**O**

**A**

Un. D

Lord, have mer - cy.

**2**

Un. D

Lord, have mer - cy.

**3**

D C D

Lord, have mer - cy.

**4**

D

To You, O Lord.

**5**

Un.

A - men.

**P**

D

And to your spir - - - it.

**Q**

D

To You, O Lord.

**R**

Un.

A - men.



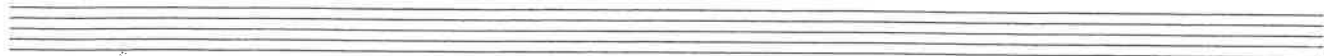
# One is Holy

Pl. 1st Mode

A  
One is - ho - ly, One is Lord, Je - sus Christ

G D  
to the glo - ry of God the Fa - ther

C D  
A men



# He Has Sent REDEMPTION

Duration: 1:00

Intonation: #1

## Communion Hymn for December 25<sup>th</sup> The Nativity of Christ

Adagio  $\text{♩} = 76$

First Mode

by Hieromonk Gregory  
of Simonos Petras Monastery

**A**

He has sent re - demp - - - -  
 Λυ - - - - τρο - - - - σιν α - πε - - - -  
 Lee - - - - tro - - - - seen ah - peh - - - -

- - tion un - to His  
 στει - λε - - - - (ve) τω λα - ω αυ -  
 stee - leh - - - - (neh) to lah - o af -

ple. Al - le - lu - - - -  
 του - - - - (vou) Αλ - λη - λου - - - -  
 too - - - - (noo) Ah - lee - loo - - - -

i - - - a. has sent  
 ι - - - α τρο σιν  
 ee - ah tro seen

Intonation: #8

Duration: 1:00

Alternate Melody  
Third Mode

**B**

He has sent  
 Λυ - - - - τρο - - - - σιν  
 Lee - - - - tro - - - - seen

*Communion Hymn - Nativity*

re - dem - - - - re - demp - - - - tion  
α - πε - - - - α - πε - - - - σται - λε  
ah - peh - - - - ah - peh - - - - stee - leh

un - to His \_\_\_\_\_ peo - - - ple.  
τω λα - ω \_\_\_\_\_ αυ - του - - - (νου) \_\_\_\_\_  
to lah - o \_\_\_\_\_ af - too - - - (nou) \_\_\_\_\_

Al - le - lu - - - i - - - a. \_\_\_\_\_  
Αλ - λη - λου - - - ι - - - α \_\_\_\_\_  
Ah - lee - loo - - - ee - - - ah \_\_\_\_\_

”Ας προσέξωμε ποιὰ εἶναι ἡ γλυκύτης ποὺ δημιουργεῖται μέσα μας, ὅταν ψάλλωμε ἠδονικὰ ἐπηρεασμένοι ἀπὸ τὸν δαίμονα τῆς πορνείας, καὶ ποιὰ προέρχεται ἀπὸ τὰ ἅγια λόγια τοῦ Ἁγίου Πνεύματος καὶ ἀπὸ τὴν μυστικὴ τους χάρι καὶ δύναμι.

-Ἁγίου Ἰωάννου τῆς Κλίμακος (ΙΕ΄ με΄)

*Let us examine during psalmody what kind of sweetness comes to us from the demon of fornication and, on the other hand, what kind of sweetness come to us from the words of the Spirit and from the grace and power contained in them.*

*-St. John of the Ladder (15:49)*

# Let Our Mouths Be Filled. Mode 2. Di=G.

Soft Chromatic

G



A - men. Let our mouths be filled with Your praise, O



Lord, that we may sing of Your glo - ry. You have made us



worth-y to par - take of Your ho - ly mys - ter - ies. Keep us in Your



ho - li - ness, that all the day long we may med - i - tate up - on Your



right - eous - ness. Al - le - lu - i - a. Al - le - lu - i - a. Al - le -



lu - i - a.

F

G